

SKATERS FIRST

SUMMER ICE SKATING SCHEDULE & FEES

JULY & AUGUST 2008

Programs	Qualifications	Time	Required	Please Note	Fee
LEARN TO SKATE JR. POWER & CANSKATE Tuesday, Wednesday & Thursday 2 Week Sessions - ACC #2	New to skating From Age 3 & Canskate Stages 1- 4	9:30 - 10:15 a.m.	Single Blade Skates Helmets Mandatory <u>Parents Must Be Present During Classes</u>	<ul style="list-style-type: none"> ✓ Student Teacher Ratio 5:1 ✓ 45 Minute Group Lesson ✓ Progress Report Each Session ✓ Private Lessons Available 	\$105.00 & G.S.T.
CANSKATE Stage 5, 6, 7 & INTERMEDIATE Tuesday, Wednesday & Thursday 2 Week Sessions - ACC #2	Passed Canskate Stage 4	9:30 - 10:30 a.m.	Private Coach Recommended	<ul style="list-style-type: none"> ✓ 45 Minute Group Lesson ✓ 15 Minute Stroking Lesson ✓ Progress Report Each Session ✓ Private Lessons Available 	\$135.00 & G.S.T.
FIGURE SKATING - Senior Tuesday, Wednesday & Thursday (4th Day Option - Mondays) 1 Week Sessions - ACC #2	Working on Preliminary Freeskate Solo	Tue. Wed. & Thur. 10:30 - 2:30 Monday 11:30 - 1:00 Mondays Optional	Running Shoes Shorts - TShirt Hair Tied Back Private Coach	<ul style="list-style-type: none"> ✓ Group Stroking ✓ Solo Practice ✓ Off Ice Training ✓ Power Stroking (Mondays) ✓ Edges & Turns ✓ Skills ✓ Spin Patch 	3 Day \$140.00 4 Day \$160.00 & G.S.T
FIGURE SKATING - Advanced Tuesday, Wednesday, Thursday & Friday (5th Day Option - Mondays) 1 Week Sessions - ACC #2	Working on Senior Bronze Freeskate or Senior Silver Dances	Tue. Wed. & Thur. 10:45 - 4:00 Friday 9:00 - 12:00 Monday 11:30 - 1:00 Mondays Optional	Running Shoes Shorts - TShirt Hair Tied Back Private Coach	<ul style="list-style-type: none"> ✓ Group Stroking ✓ Solo Practice ✓ Video Seminars ✓ On Ice Stations ✓ Off Ice Training ✓ Edges & Turns ✓ Skills ✓ Spin Patch ✓ Power Stroking 	4 Day \$198.00 5 Day \$218.00 & G.S.T
HOCKEY POWER SKATING 4 Mondays July 7, 14, 21 & 28 - ACC #2	Junior - Intermediate From Age 6	9:30 - 11:00 a.m. 45 Minute Lesson 45 Minute Game	Full Hockey Equipment Mandatory and a Hockey Stick	<ul style="list-style-type: none"> ✓ Group Warm-up ✓ Hockey Drills ✓ Small Teacher Student Ratio ✓ Skills 	\$113.00 & G.S.T.
ADULT SKATING Monday Evenings 6 Weeks - July 14 - ACC#2	All Welcome Beginner, Intermediate & Advanced Skaters	8:00 - 9:30 p.m. Group & Private Instruction	Single Blade Skates Helmet & Wrist Guards Recommended For Beginner Skaters	<ul style="list-style-type: none"> ✓ Group Warm-up ✓ Group Lesson ✓ Small Teacher Student Ratio ✓ Private Lessons 	\$180.00 & G.S.T.

Start Dates-Learn To Skate/Canskate

Session 1 Week of July 15
Session 2 Week of July 29
Session 3 Week of August 12

Start Dates - Figure Skating

Session 1 July 28 Session 4 August 18
Session 2 Aug. 4
Session 3 Aug. 11

Senior and Advanced Figure Skaters

Lunch provided 3 days a week.
Cold and Hot meals offered.
*Please specify dietary restrictions.

Guest Skating-Figure Skating

Please contact office

Mondays (Optional) - Sr. & Adv.

1/2 Hr. Intensive Stroking Class & 1 Hr Freeskate

Special Seminar On Ice

Monday, Aug. 11 2:00 - 4:00

Test Day -Friday, August 22 - *Must be registered for two weeks to test

REGISTER ON LINE www.skatersfirst.com 905 727-4600