

SKATERS FIRST



Please Read Before Registering

Skate Canada Fee

- All skaters must pay an annual Skate Canada membership fee of \$30.70.
- This fee is required to be paid by skaters of a Skating School or Club sanctioned by Skate Canada.
- The membership is in affect from September 1, 2010 to August 31st, 2011. This fee will be added to your first registration of the 2010-2011 skating season.

If you register on line more than once within the 2010 – 2011 season, please mark on the registration form the box marked “Fee Paid 2010/2011”.

Parents or guardians of children 8 years of age and younger must be present during all classes

Helmets

- Helmets with Masks are mandatory for all skaters age 9 and younger registered in the following programs. Pre-School & Youth, Special Needs, CanSkate, Introductory Power
- Helmet required for all skaters until the skaters have passed CanSkate Level 4
- Helmet with Mask mandatory for all skaters in the Power Skating Programs

New To Skating

- If your child is new to skating, it is highly recommended that you bring your child to watch a program. Not all 3 or 4 year olds are ready to be on the ice without their parents.
- By watching a program, this will help to alleviate any first day anxieties.
- If your child is hesitant about joining in without a parent, you may want to wait a few months and then register.

Special Needs Skaters

- If your child has any special needs, please let us know at the time of registration. Any information that you can share with us, will help us to make your child's lessons enjoyable and safe.

Private Lessons

- Private lessons are available in some programs.
- These lessons are arranged between the skater/parent and the coach. Fees are determined by coaches' experience. Private lessons are arranged for the duration of the session
- Each private lesson is usually 15 minutes. Note on the registration in the request section that you would like private lessons and the coach name if you know it. If you do not have a coach in mind you may want to wait until the first class to see who you would like.

Cancellation Policy

- Programs cancelled within 2 weeks of the start of a program, will be charged the cancellation fee of \$30.00
- No refunds or credits after the start of the program.
- Any refunds to credit cards will be charged a \$10.00 administrative fee
- Credits will only be given for illness related absences upon receipt of a certified Doctor's note.

Bad Weather

- If the arena is open, the programs will be held. Call the Arena for confirmation. Stronach Aurora Recreation Complex 905 726-4770.
- If program is to be cancelled due to bad weather Skaters First will contact you by email or telephone.

Credit Referral Program

- For every new family you refer to Skaters First, you will receive a \$10.00 credit towards skating classes.
- Have your friends mention your name when they register on line.

No Skate Dates are located on Page 3 of the Skating Schedule

Please register within 2 weeks of the start of the program to guarantee availability.

All programs are subject to enrollment

CONTACT SKATERS FIRST

Register On Line www.skatersfirst.com

Email : skatersfirst@rogers.com

Telephone: 905 727-4600



SKATERS FIRST - Program Descriptions & Information 2010 - 2011 Schedules



Sanctioned Skating Programs

- ✓ Pre-School & Youth Learn to Skate
- ✓ Beginner Power Skating
- ✓ Special Needs
- ✓ Introductory Hockey Power Skating
- ✓ Intermediate & Advanced Hockey Power Skating
- ✓ CanSkate - CanPower
- ✓ Figure Skating
- ✓ Adult Power Skating
- ✓ Adult Learn to Skate

* Pre-School & Youth Learn To Skate CanSkate

CanSkate is Skate Canada's flagship learn-to-skate program, designed for beginners of all ages. CanSkate has 7 levels of skating skills.

Skaters First has taken the first 3 CanSkate levels and divided the skills into achievable levels for the younger skater. These are Pre-School & Youth Levels 1 – 7. Please see progression chart.

- Fun recreational learn to skate programs are for children and youth from ages 3 and up.
- Each 45 minutes lesson is designed to develop balance and on ice coordination.
- Using age appropriate music as well as toys, the skaters will be introduced to basic skating skills and will develop the confidence level necessary for further skill enhancement.
- Ratio 5:1
- New skaters are grouped first by age then by ability.
- Skaters will receive a report at the end of the program
- Private Lessons available in some programs

Progression - Pre-School & Youth Learn to Skate (Skating Levels 1 – 7)

Passed Pre-School & Youth Level 5

Can move to Beginner Hockey Power Skating Age3+ which is held during the Learn to Skate 45 minute class or Introductory Hockey Power Skating Age 5+ which is a 1 hour class where everyone participates in hockey power skating.

Passed Pre-School & Youth Level 7 may move to CanSkate Level 3 (for Figure Skating)

Passed CanSkate Level 6 may move to Intermediate Figure Skating

* **Figure Skating** - This program is designed for the skater who has achieved the basic skating skills and would like to progress to learn more figure skating skills. Programs are 1 hour.

CanSkate Levels 3 - 7

- This program offers group lessons and 15 minutes of practice time or private lesson time.

Intermediate Figure Skating

- This program offers group lessons including private or practice
- The private or practice time is 15 or 30 minutes depending on program
- A private coach is recommended for this program.

Private Coaches

- For those skaters wishing to proceed in figure skating (CanSkate & Intermediate) and to participate in competitions, testing of dances, skills & freeskate a private coach is required.

Progression – Figure Skating

Passed PS & Y level 7 may move to CanSkate Level 3

Passed CanSkate Level 6-7 may move to Intermediate Figure Skating

* **HOCKEY POWER SKATING - Skaters First was 1st to offer Power Skating in the Town of Aurora 17 years ago.** Skaters who may wish to play hockey, ringette or speed skating in the future will be taught hockey skating skills.

In power skating, it is not enough to know how to do the skill, but how well you can do the skill.

Progression – Power Skating

Passed Beginner Hockey Power Skating may move to Introductory Power Skating (Must be age 5 & older)

Passed Introductory Power Skating may move to Intermediate Power (Must be 8 years & older)

Passed Intermediate Power Skating may move to Advanced Power (Must be 10 years & older)

Beginner Hockey Power Skating (CanPower)

This program will be offered during some of the Pre-School & Youth Learn to Skate programs. Skaters will be taught basic hockey skating skills and puck drills in a 45 minute group lesson.

- To qualify, the skater must have passed PS & Y Level 5 or the skaters must be able to skate forward, backward and attempt a controlled stop. See BPS on skating schedule

Introductory * Intermediate * Advanced Hockey Power Skating

- Each class will include a stationary and moving warm-up, a review of skills, new skills, and conditioning drills. Skaters will be placed in a level according to their needs and abilities.
- Skaters will be tested and receive a report at the end of the program

Introductory Hockey Power Skating- Age 5+

New – Full Equipment with Puck Drills

Full Equipment is optional but not required to participate in the Introductory Power. All skaters must bring a hockey stick.

- These programs are 1 hour in length. All skaters on the ice, will be participating in power skating.
- The skaters participating with full gear will learn puck drills.
- Skaters who do not have full equipment will participate in the skating skills only.

Intermediate & Advanced Hockey Power

Full equipment including neck guard and mouth piece are required.

- Intermediate program requires skaters to be age 8 years old or older.
- Advanced skaters must be age 10 and older.

Hockey Teams, who require power skating lessons, please contact the office

Skaters First reserves the right to move skaters to the appropriate power program according to the skaters' skills.

* Adult Skating

Beginner - Advanced Learn to Skate

- These adult programs are offered during the daytime.
- Each 1 hour session consists of a 15 minute warm-up, 15 minute group lesson, and 30 minutes of practice time
- Helmets and wrist guards are suggested for all beginner adult skaters.

Hockey Power Skating for Adults - This program is for those skaters who want to brush up on their hockey skating skills.

- Full equipment is mandatory as puck drills will be practiced during these classes. Evenings



**SKATERS FIRST
SKATE CANADA PROGRAMS
2010 - 2011**



SKATING PROGRAMS	CODE	Qualifications	Min. Age
Please read program information prior to registering	Special Needs	SN No pre-requisite - Available most programs	3
	Pre-School & Youth Learn to Skate	PSY No pre-requisite 5:1 Ratio	3
Register for the Day & Time you want by Session	CanSkate	CS Passed PSY Level 6 or CanSkate Level 2	5
	Beginner Power Skating	BPS Passed PSY Level 5 Able to skate forwards, backwards & stop	3
	Figure Skating	FS CanSkate Level 3 and higher	5
	Figure Skating-Intermediate	FSI Passed CanSkate Level 6	
	Private Lessons	PL Must be enrolled in a group lesson program	

The above Skating Programs are listed below under LEARN TO SKATE by Sessions

Hockey Power Skating	See Page 2 for information
Adult Learn to Skate	See Page 2 for information
Adult Hockey Power Skating	See Page 2 for information

Page 1 LEARN TO SKATE See Page 3 for No Skate Dates & Changes

SESSION A	Time	Starts	Ends	Classes	Fee	Programs Offered	Arena
Monday	5:00 - 5:15	PM	September 20	October 25	5	Coach Fee Private Lessons	SARC W
Monday	5:00 - 6:00	PM	September 20	October 25	5	\$125.00 Figure Skating - CanSkate. 3 & higher	SARC W
Monday	5:15 - 6:00	PM	September 20	October 25	5	\$107.00 PSY CS BPS	SARC W
Wednesday	1:30 - 2:15	PM	September 29	October 27	5	\$88.00 SN PSY CS BPS	SARC W
Wednesday	4:45 - 5:30	PM	September 22	October 27	6	\$129.00 PSY CS BPS	SARC E
Wednesday	5:30 - 6:15	PM	September 22	October 27	6	\$129.00 SN PSY CS BPS	SARC E
Wednesday	6:15 - 6:30	PM	September 22	October 27	6	Coach Fee Private Lessons	SARC E
Wednesday	6:30 - 7:30	PM	September 22	October 27	6	\$150.00 Figure Skating - CanSkate 3 & higher	SARC E
Saturday	9:30 - 10:15	AM	September 18	October 30	6	\$129.00 SN PSY BPS	SARC E
Saturday	10:15 - 11:00	AM	September 18	October 30	6	\$129.00 SN PSY CS BPS	SARC E
Saturday	11:00 - 11:15	AM	September 18	October 30	6	Coach Fee Private Lessons	SARC E
Saturday	11:15 - 12:15	AM	September 18	October 30	6	\$150.00 Figure Skating - CanSkate 3 & higher	SARC E
Saturday	11:15 - 12:15	AM	September 18	October 30	6	\$138.00 Figure Skating - Intermediate - Passed C.S. 6	SARC E

SESSION B

Monday	5:00 - 5:15	PM	November 1	December 13	7	Coach Fee Private Lessons	SARC W
Monday	5:00 - 6:00	PM	November 1	December 13	7	\$175.00 Figure Skating - CanSkate.3 & higher	SARC W
Monday	5:15 - 6:00	PM	November 1	December 13	7	\$150.00 PSY CS BPS	SARC W
Wednesday	9:45 - 10:30	AM	November 3	December 15	6	\$106.00 SN PSY CS BPS	SARC E
Wednesday	1:30 - 2:15	PM	November 3	December 15	6	\$106.00 SN PSY CS BPS	SARC W
Wednesday	4:45 - 5:30	PM	November 3	December 15	7	\$150.00 PSY CS BPS	SARC E
Wednesday	5:30 - 6:15	PM	November 3	December 15	7	\$150.00 SN PSY CS BPS	SARC E
Wednesday	6:15 - 6:30	PM	November 3	December 15	7	Coach Fee Private Lessons	SARC E
Wednesday	6:30 - 7:15	PM	November 3	December 15	7	\$150.00 PSY CS BPS	SARC E
Wednesday	6:30 - 7:30	PM	November 3	December 15	7	\$175.00 Figure Skating - CanSkate 3 & higher	SARC E
Wednesday	6:30 - 7:30	PM	November 3	December 15	7	\$161.00 Figure Skating - Intermediate - Passed C.S.6	SARC E
Saturday	9:30 - 10:15	AM	November 6	December 11	6	\$129.00 SN PSY BPS	SARC E
Saturday	10:15 - 11:00	AM	November 6	December 11	6	\$129.00 SN PSY CS BPS	SARC E
Saturday	11:00 - 11:15	AM	November 6	December 11	6	Coach Fee Private Lessons	SARC E
Saturday	11:15 - 12:15	AM	November 6	December 11	6	\$129.00 PSY	SARC E
Saturday	11:15 - 12:15	AM	November 6	December 11	6	\$150.00 Figure Skating - CanSkate 3 & higher	SARC E
Saturday	11:15 - 12:15	AM	November 6	December 11	6	\$138.00 Figure Skating - Intermediate - Passed C.S.6	SARC E

SESSION C

Monday	1:30 - 2:15	PM	January 17	February 28	6	\$106.00 SN PSY CS BPS	SARC E
Monday	4:15 - 5:00	PM	January 17	February 28	6	\$129.00 SN PSY CS BPS	SARC W
Monday	5:00 - 5:15	PM	January 17	February 28	6	Coach Fee Private Lessons	SARC W
Monday	5:00 - 6:00	PM	January 17	February 28	6	\$150.00 Figure Skating - CanSkate. 3 & higher	SARC W
Monday	5:15 - 6:00	PM	January 17	February 28	6	\$129.00 PSY CS BPS	SARC W
Wednesday	9:45 - 10:30	AM	January 12	February 23	7	\$124.00 SN PSY CS BPS	SARC E
Wednesday	1:30 - 2:15	PM	January 19	February 23	6	\$106.00 SN PSY CS BPS	SARC W
Wednesday	4:45 - 5:30	PM	January 12	February 23	7	\$150.00 PSY CS BPS	SARC E
Wednesday	5:30 - 6:15	PM	January 12	February 23	7	\$150.00 SN PSY CS BPS	SARC E
Wednesday	6:15 - 6:30	PM	January 12	February 23	7	Coach Fee Private Lessons	SARC E
Wednesday	6:30 - 7:15	PM	January 12	February 23	7	\$150.00 PSY CS BPS	SARC E
Wednesday	6:30 - 7:30	PM	January 12	February 23	7	\$175.00 Figure Skating - CanSkate 3 & higher	SARC E
Wednesday	6:30 - 7:30	PM	January 12	February 23	7	\$161.00 Figure Skating - Intermediate - Passed C.S.6	SARC E
Thursday	9:30 - 10:15	AM	January 13	February 24	7	\$124.00 SN PSY CS BPS	SARC E
Saturday	9:30 - 10:15	AM	January 15	March 5	7	\$150.00 SN PSY BPS	SARC E
Saturday	10:15 - 11:00	AM	January 15	March 5	7	\$150.00 SN PSY BPS	SARC E
Saturday	11:00 - 11:15	AM	January 15	March 5	7	Coach Fee Private Lessons	SARC E
Saturday	11:15 - 12:15	AM	January 15	March 5	7	\$150.00 PSY	SARC E
Saturday	11:15 - 12:15	AM	January 15	March 5	7	\$175.00 Figure Skating - CanSkate 3 & higher	SARC E
Saturday	11:15 - 12:15	AM	January 15	March 5	7	\$161.00 Figure Skating - Intermediate - Passed C.S.6	SARC E



**SKATERS FIRST
SKATE CANADA PROGRAMS
2010 - 2011**



Page 2 LEARN TO SKATE

SESSION D	Time	Starts	Ends	Classes	Fee	Programs Offered	Arena
Monday	4:15 - 5:00	PM March 7	April 18	6	\$129.00	SN PSY CS BPS	SARC W
Monday	5:00 - 5:15	PM March 7	April 18	6	Coach Fee	Private Lessons	SARC W
Monday	5:00 - 6:00	PM March 7	April 18	6	\$150.00	Figure Skating - CanSkate 3 & higher	SARC W
Monday	5:15 - 6:00	PM March 7	April 18	6	\$129.00	PSY CS BPS	SARC W
Wednesday	1:30 - 2:15	PM March 2	April 27	8	\$142.00	SN PSY CS BPS	SARC W
Wednesday	4:45 - 5:30	PM March 2	April 27	8	\$172.00	PSY CS BPS	SARC E
Wednesday	5:30 - 6:15	PM March 2	April 27	8	\$172.00	SN PSY CS BPS	SARC E
Wednesday	6:15 - 6:30	PM March 2	April 27	8	Coach Fee	Private Lessons	SARC E
Wednesday	6:30 - 7:15	PM March 2	April 27	8	\$172.00	PSY CS BPS	SARC E
Wednesday	6:30 - 7:30	PM March 2	April 27	8	\$200.00	Figure Skating - CanSkate 3 & higher	SARC E
Wednesday	6:30 - 7:30	PM March 2	April 27	8	\$184.00	Figure Skating - Intermediate - Passed C.S.6	SARC E
Thursday	9:30 - 10:15	AM March 3	April 28	8	\$142.00	SN PSY CS BPS	SARC E
Saturday	9:30 - 10:15	AM March 26	April 30	5	\$107.00	SN PSY BPS	SARC E
Saturday	10:15 - 11:00	AM March 26	April 30	5	\$107.00	SN PSY CS BPS	SARC E
Saturday	11:00 - 11:15	AM March 26	April 30	5	Coach Fee	Private Lessons	SARC E
Saturday	11:15 - 12:00	AM March 26	April 30	5	\$107.00	PSY CS BPS NEW PROGRAM ADDED	SARC E
Saturday	11:15 - 12:15	AM March 26	April 30	5	\$125.00	Figure Skating - CanSkate 3 & higher	SARC E
Saturday	11:15 - 12:15	AM March 26	April 30	5	\$115.00	Figure Skating - Intermediate - Passed C.S. 6	SARC E

TIME CHANGES							
Wednesday	6:30 - 7:30	PM	April 13, 20 & 27		6:15 - 7:15	Starts 15 minutes earlier	SARC W
Wednesday	6:30 - 7:30	PM	April 13, 20 & 27			No Private Lessons on these dates	SARC W

SESSION E								
Wednesday	1:30 - 2:15	PM	May 4	June 8	6	\$106.00	SN PSY CS BPS	SARC W
Wednesday	6:00 - 6:45	PM	May 4	June 8	6	\$129.00	SN PSY CS BPS	SARC E
Wednesday	6:45 - 7:30	PM	May 4	June 8	6	\$129.00	Figure Skating - C.S. 3 & higher & Intermediate	SARC E
Thursday	9:30 - 10:15	AM	May 5	June 9	6	\$106.00		SARC E
Saturday	10:15 - 11:00	AM	May 7	June 11	6	\$129.00	SN PSY CS BPS	SARC E
Saturday	11:00 - 11:45	AM	May 7	June 11	6	\$129.00	Figure Skating - CS 3 & higher & Intermediate	SARC E

TIME CHANGES							
Wednesday	6:00 - 6:45	PM	May 25, June 1 & 8		6:15 - 7:00	Starts 15 minutes later	SARC W
Wednesday	6:45 - 7:30	PM	May 25, June 1 & 8		7:00 - 7:45		SARC W

HOCKEY POWER SKATING

SESSION	INTRODUCTORY	Ages 5 - 8						
Monday (A)	4:30 - 5:30	PM	September 27	December 13	11	\$264.00	Must be able to skate forwards & backwards	SARC E
Wednesday (A)	5:15 - 6:15	PM	September 29	December 15	12	\$288.00	Have a controlled stop	SARC W
Monday (B)	4:30 - 5:30	PM	January 10	April 4	11	\$264.00	CSA approved Helmet & Stick required	SARC E
Wednesday (B)	5:15 - 6:15	PM	January 19	March 30	10	\$240.00	Full Equipment Optional for puck drills	SARC W
Wednesday (C)	5:00 - 6:00	PM	April 6	June 8	10	\$240.00	Full Equipment Required	SARC W
SESSION	INTERMEDIATE	Age 8+						
Monday (A)	5:30 - 6:30	PM	September 27	December 13	11	\$264.00	Full Equipment Required	SARC E
Monday (B)	5:30 - 6:30	PM	January 10	April 4	11	\$264.00	Introductory Skills Completed	SARC E
Wednesday (C)	5:00 - 6:00	PM	April 6	June 8	10	\$240.00	Full Equipment Required	SARC W
SESSION	ADVANCED	Age 10+						
Wednesday (A)	6:15 - 7:15	PM	September 29	December 15	12	\$288.00	Full Equipment	SARC W
Wednesday (B)	6:15 - 7:15	PM	January 19	March 30	10	\$240.00	Proficient Skating Skills - Hockey Experience	SARC W

SKATERS FIRST reserves the right to move hockey power skaters to a program according to their skating ability regardless of age

ADULT PROGRAMS LEARN TO SKATE & HOCKEY POWER SKATING

SESSION	LEARN TO SKATE							
Monday (A)	10:30 - 11:30	AM	October 18	December 13	9	\$180.00	Beginner - Advanced	SARC W
Monday (B)	10:30 - 11:30	AM	January 17	March 28	9	\$180.00	Group & Private Lessons Available	SARC W
Monday (C)	10:30 - 11:30	AM	April 4	May 16	6	\$120.00	Helmet & Wrist Guards suggested for Beginners	SARC W
SESSION	POWER SKATING							
Thursday (B)	9:00 - 10:00	PM	January 27	March 31	9	243.00	Full Equipment Required	SARC E
Thursday (C)	9:00 - 10:00	PM	April 7	June 9	10	270.00	Group Lessons includes puck drills	SARC E

H.S.T. will be added to all listed fees at the time of registration

See Page 3 for the following information

Arena Locations	Bad Weather	Helmet Requirements	New to Skating Information
No Skate Dates	Program Location Changes	Cancellation Policy	Skate Canada Fee



ARENA LOCATION - Stronach Aurora Recreation Complex (905) 726-4770 1400 Wellington Street East. (West of Leslie Street)
East Ice Pad (SARC E) West Ice Pad (SARC W)

BAD WEATHER If the arena is open, all programs will be held. You may call the arena to confirm.

CANCELLATION FEE \$30.00 Programs cancelled within 2 weeks of the start of a program, will be charged the cancellation fee. Any refund to a credit card will be charged an additional \$10.00 fee. **NO REFUNDS or CREDITS** after the start of the program.

HELMETS with FACE MASKS are mandatory for all skaters age 9 and younger registered in the Learn to Skate programs, also for skaters in any Hockey Power Skating program. CSA approved helmets is required. No bicycle or ski helmets. In the figure skating program, no helmets are required when the skater has passed CanSkate 4.

ILLNESS Credits will be given for illness related absences upon receipt of a certified Doctor's note

NEW TO SKATING If your child in NEW to skating, it is highly recommended that you bring your child to watch a program. Not all 3 or 4 year olds are ready to be on the ice without their parents. By watching a program, this will help to alleviate any first day anxieties. If your child is hesitant about joining in without a parent you may want to wait a few months and try again.

PAYMENT Visa or MasterCard accepted or cash/money order received within 7 days of registration.

PROGRAMS are subject to enrollment and if cancelled by Skaters First a full refund will be given.

SKATE CANADA FEE Any skater participating in a skating school or skating club sanctioned by Skate, must pay the Skate Canada Fee of \$30.70. This is an annual fee effective during the skating season which is September 1 - August 31st. This must be paid during registration of the first program of the season.

SPECIAL NEEDS. If your child has any Special needs, please let us know at the time of registration. Any information that you can share with us, will help us to make your child's lessons enjoyable and safe.

DAY	DATES	CLASS TIME		ICE PAD	Please note
Saturday	October 9	All classes	Not Scheduled		
Monday	October 11	All classes	Not Scheduled		
Wednesday	November 24	9:45 & 1:30	Not Scheduled		
Saturday	February 12	All classes	Not Scheduled		
Monday	February 21	All classes	Not Scheduled		
Saturday	March 12	All classes	Not Scheduled		
Monday	March 14	All classes	Not Scheduled		
Wednesday	March 16	All classes	Not Scheduled		
Thursday	March 17	All classes	Not Scheduled		
Saturday	March 19	All classes	Not Scheduled		
Wednesday	April 13	5:00 - 6:00	Ice Pad Change	East	Power Skating
Wednesday	April 13	6:15 - 6:30	Not Scheduled		No Private Lessons
Wednesday	April 13	6:30 - 7:30	Time Change	West	6:15 - 7:15
Wednesday	April 20	5:00 - 6:00	Ice Pad Change	East	Power Skating
Wednesday	April 20	6:15 - 6:30	Not Scheduled		No Private Lessons
Wednesday	April 20	6:30 - 7:30	Time Change	West	6:15 - 7:15
Saturday	April 23	All classes	Not Scheduled		
Monday	April 25	All classes	Not Scheduled		
Wednesday	April 27	5:00 - 6:00	Ice Pad Change	East	Power Skating
Wednesday	April 27	6:15 - 6:30	Not Scheduled		No Private Lessons
Wednesday	April 27	6:30 - 7:30	Time Change	West	6:15 - 7:15
Wednesday	May 25	6:15 - 7:45	Ice Pad Change	West	
Wednesday	June 1	6:15 - 7:45	Ice Pad Change	West	
Wednesday	June 8	6:15 - 7:45	Ice Pad Change	West	

Not Scheduled These classes are not included in the number of weeks shown on the schedule nor included in the cost of the program